



Nutrition Information

*All Souper Salad menu items are trans fat free!
 Nutrition information subject to change without notice.
 Some items not available at all locations.*

Pita Pizzas

	Calories	Fat (g)	Fat (%)	Saturated Fat (g)	Saturated Fat (%)	Cholesterol (mg)	Cholesterol (%)	Sodium (mg)	Sodium (%)	Carbohydrates (g)	Carbohydrates (%)	Fiber (g)	Fiber (%)	Protein (g)	Protein (%)	Net Carbs
Four Cheese	590	24	37	13	67	67	22	1377	31	44	15	4	17	34	67	40
Genovese	726	46	72	18	90	81	27	1063	145	45	15	2	8	38	76	43
Buffalo Chicken	639	32	50	14	69	109	36	2082	44	43	14	3	11	48	97	40