

Our Breakfast Bakery

Start your day with a Souper-delectable bakery item —
made fresh in our kitchens every morning

Boston's Best Muffins

Some of our daily offerings:

- Wild Blueberry •
- Cinnamon Coffee Crumb •
- Banana Chocolate Chip •
- Country Corn • Raisin Bran •
- Low-fat Triple Berry •

Fresh Pastries

Some of our daily offerings:

- Apple Strudel • Pecan Roll •
- Cinnamon Swirl • Cheese Danish •
- Chocolate Croissant •
- Butter Croissant •

Your Catering Solution

From a working lunch for five to a banquet for 500...

Call The Office Catering Experts!



Order Online at

www.SouperSaladBoston.com

To make your next event extra special, please
order at least 24 hours in advance.

Souper Salad Is Where...

Something Delicious Happens Every Day!

We start every day gathering market-fresh produce and provisions to make and bake our own recipes in our own kitchens. But one ingredient is always on hand: a warm smile to greet you with—every day!



We Know Soup!

Some people say that soup makes you feel better...

Our soups are so good, they'll make you feel better even if you're already feeling great!

From old family recipes to the trendiest tureens, we've been developing our own recipes and serving you the "Best Soups in Boston" for more than 30 years. You'll never, ever find a canned or frozen soup in *our* stock pots!



We Love Salad!

Consider the sheer number of items in our award-winning Salad Bar... From always-crisp-and-tender, carefully-selected lettuce leaves, to a rainbow of snap-fresh vegetables; from exotic curried creations to zesty marinated mixtures, to bounteous bowls of toppings and accoutrements... You can fix a delectably different salad, just the way you like it—from lean to hearty—every day of the week.

And don't forget our exclusive Souper Salad dressings that you won't find anywhere else!



A Walkabout is a Meal, Not a Meander!

Souper Salad Walkabouts are Boston's first and (in our humble opinion) the very best pita-rolled sandwiches you'll find anywhere.



The Most Important Ingredient is You!

Souper Salad is a local, family-owned business. We've got a personal stake in the quality of your experience, and we strive to extend our sense of pride to each Souper Salad team member who serves you. We'd like to thank you, our guests, for helping to make our enterprise "Boston's Best Soup and Salad Restaurant" for two generations... and counting!



Souper Salad

Back Bay

209 Berkeley St.
Boston, MA 02116
(617) 350-5380

Government Center

3 Center Plaza
Boston, MA 02108
(617) 367-6067

Financial District

75-101 Federal St.
Boston, MA 02110
(617) 357-9393

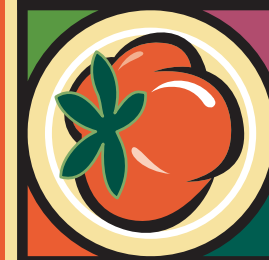
Beth Israel

364-370 Brookline Ave.
Boston, MA 02215
(617) 232-5599

Souper Salad is proud to offer you quality products from these purveyors of fine foods:



Souper Salad



Menu

Salad Bar

Boston's best for 30 years!
A fresh selection of hand-picked produce and prepared salads.

Sandwiches

Served with popchips™ (50 CALORIES)

Specialty Selections

	CALORIES
Chicken Poblano 🍋 Herb roasted chicken, poblano mustard, roasted vegetables, tomato on a rustic baguette	545
Cordoba Turkey Roasted turkey, applewood smoked bacon, chimichurri aioli, roasted sweet onions, lettuce, tomato on Tuscan sourdough	767
Pacific Coast 🌿 Roasted vegetables, herb goat cheese, field greens, tomato on whole grain	486
Asiago Roast Roast beef, asiago cheese, roasted garlic and parmesan aioli, lettuce, tomato, on a rustic baguette	837

The Classics

	CALORIES
Tuna Salad	536
Roasted Turkey	415
Chicken Salad	521
Add Cheese	+112

Souper Duo

Choose any two — small soup, half sandwich, half Caesar Salad, half Athenian Greek Salad

Menu selections may vary in certain locations and may change without notice.
Before placing your order, please inform your server if anyone in your party has a food allergy.



Souper Salad

Salads & Walkabouts

Served in a bowl or rolled in a wrap.

	CALORIES
Buffalo Chicken 🍋 Buffalo chicken, carrot, romaine, cheddar, tomato, bleu cheese dressing	554
Chicken Caesar Award winning!	623
Classic Caesar	503
Chicken Cobb Herb roasted chicken, bacon, seasonal greens, gorgonzola, egg, tomato, scallion, balsamic vinaigrette	738
Tuscany 🌿 Field greens, tomato, roasted red pepper, fresh mozzarella, balsamic vinaigrette	288
Bostonian Turkey, stuffing, romaine, tomato, cranberry sauce, market ranch dressing	535
Athenian Chicken Herb roasted chicken, seasonal greens, feta, tomato, kalamata olives, cucumber, suntan pepper, Greek dressing	508
Athenian Greek 🌿	399
Mandalay Bay Herb roasted chicken, field greens, tomato, mandarin orange, scallion, wonton, Asian sesame ginger dressing	391
Veggie 🌿 Romaine, tomato, carrot, red onion, swiss, sprouts, red cabbage, market ranch dressing	382
Add Chicken	+120
Add Turkey	+178
Add Tuna Salad	+144

Burritos & Bowls

Served in a bowl or wrapped in a tortilla.

	CALORIES
Specialty Selections	
Tortilla Crusted Fish 🍋 Tortilla crusted tilapia, Baja rice, roasted vegetables, mango salsa, poblano sour cream	434
Chicken Sapporo Herb roasted chicken, sesame ginger slaw, jasmine rice, teriyaki sauce	450
Poblano Roasted Vegetable 🌿 🍋 Roasted vegetables, Baja rice, tomato salsa, cheddar, poblano sour cream	388
Thai Chicken 🍋 Herb roasted chicken, jasmine rice, mango salsa, sesame ginger slaw, satay peanut sauce	511
Classic Burritos	
Burrito Grande 🌿 🍋 Baja rice, organic black beans, cheddar, fresh tomato salsa	323
Chicken Burrito	441
Roasted Vegetable Burrito 🌿 🍋	354
Hacienda Burrito 🍋 Herb roasted chicken, guacamole, cheddar, organic black beans, tomato salsa [ONLY 19 NET CARBS IN A LOW-CARB TORTILLA]	391
Add Guacamole	+92

🍋 = SPICY 🌿 = VEGETARIAN GF = GLUTEN FREE

Soups

We Know Soup!

For more than 30 years, we've staked our reputation on having the best selection of the best-tasting soups you can find anywhere!

Daily Specialty Soups

Serving a variety of fresh soups every day, such as...

	CALORIES
Grandma's Chicken Noodle	136
Wild Mushroom Barley 🌿	110
Organic Tomato Basil 🌿 GF	100

Premium Soups

Superb recipes with that little extra something!
Daily selections may include...

	CALORIES
New England Clam Chowder	360
Hearty Chili GF	230
Country Chicken Stew	244

Pita Pizzas

Not available at all locations.

	CALORIES
Four Cheese A blend of asiago, parmesan, romano and cheddar cheese, with fresh marinara sauce on a crisp pita crust	590
Genovese Roasted portabellas, pesto-ricotta spread and our four-cheese blend	728
Buffalo Chicken Roasted chicken, Buffalo sauce and our four-cheese blend	639
Today's Special Ask your server!	

Call ahead or order online and your meal will be ready when you arrive!



www.SouperSaladBoston.com Phone numbers on back.